



# GIGGLES

ACCULINE  
ORTHODONTICS  
DR. MARTIN WEINSTEIN

Have Some Fun While You Wait!

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A	I	P	E	D	I	T	W	O	L	I	R	P	S	S
L	N	U	S	N	N	J	V	E	S	F	S	R	R	E
C	G	A	P	D	I	E	G	A	L	A	E	R	O	D
S	N	E	R	H	K	U	I	I	E	W	N	O	T	I
E	T	Z	T	I	I	L	P	U	W	F	A	D	O	T
L	S	I	C	A	B	F	L	L	O	I	E	L	S	H
K	I	E	B	O	L	O	F	H	T	E	L	S	A	G
X	V	A	A	O	S	Y	U	O	H	E	W	E	W	I
U	V	T	P	S	S	U	N	S	C	R	E	E	N	H
S	S	S	S	M	H	R	R	O	A	R	N	T	T	O
Y	E	N	N	F	E	E	Y	E	E	P	T	I	U	W
J	A	I	M	T	F	T	L	N	B	C	I	V	O	E
N	N	L	S	R	S	K	I	L	N	G	S	A	M	R
O	E	A	U	I	N	O	I	G	S	U	T	C	A	S
H	H	S	I	F	Y	L	L	E	J	S	B	R	H	T

Find these  
**BEACH** Words:

- Sand
- Surfers
- High Tide
- Low Tide
- Jellyfish
- Seashells
- Sail Boats
- Beach Towels
- Sunscreen
- Bikini
- Flip Flops

## SUMMER TRAVEL WITH BRACES

Wherever your summer travels take you, don't forget to pack for your braces! Here are a few items you should be certain to have on hand in addition to your toothbrush:

- Wax
- Rubber Bands (*if prescribed to wear*)
- Tylenol or Ibuprofen
- Floss & Threaders
- Proxy Brush
- Orabase-B

### Repair Tips for Travel

The following is intended to provide general information regarding how you might treat some of the more common orthodontic emergencies while traveling.

#### Loose Band or Bracket:

Leave it in place and try to put wax on it.

**Loose Wire:** Try to put it back in place with tweezers. If you are not able to re-insert the wire, clip it using nail clippers behind the last tooth to which it is attached. Use wax if necessary.

**Poking Wire:** Try to push it down using an eraser or use wax.

**Loose Appliance:** Place wax on the appliance to keep it intact.

**Sore Teeth:** Use warm salt water rinses & take Tylenol or Ibuprofen as recommended.

*(Please call our office when you return home so we can determine if a repair appointment is necessary.)*



THE ANSWERS TO OUR BRAIN TEASERS ARE ON PAGE 2, BUT NO PEEKING!

- 1) A Rebus Puzzle is a picture representative of a name, word or phrase. Can you guess these?

ERR  
ERR

CI II

329SAFETY899

C  
Yourself  
Yourself  
Yourself  
Yourself

- 2) Can you Sudoku?

		5	8			7	2	
			4	1	2			5
8	2						9	
		4			1	9		7
	5			7			6	
2		7	5			4		
7	9						3	6
5			9	3	8			
	1	8			6	5		

- 3) Each phrase below contains a number and some initials for a common phrase.

Sample: 50 s. in USA = 50 states in the USA

- 12 = Number of S. of the Z.
  - 12 N. on a C.
  - 9 = Number of J. on the S.C.
  - \$200 for P. G. in M.
  - 18 = Number of H. on a G.C.
- 4) What is it that when you take away the whole you still have some left over?
- 5) I can sizzle like bacon,  
I am made with an egg,  
I have plenty of backbone,  
but lack a good leg,  
I peel layers like onions,  
but still remain whole,  
I can be long, like a flagpole, yet fit in a hole,  
What am I?

**DOODLE BOX:** Make your grocery list or draw a masterpiece – here's a little spot just for you!

**BRAIN TEASER ANSWERS:**

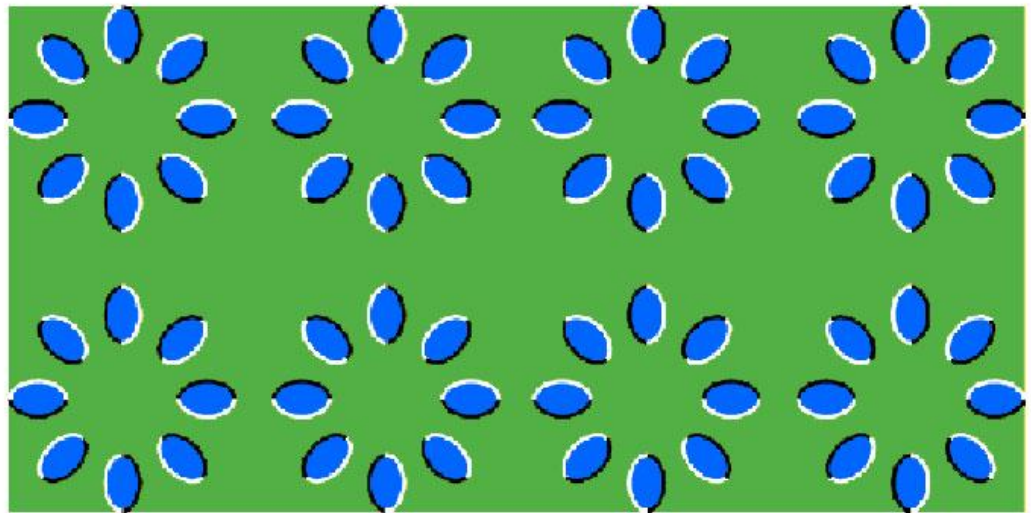
- 1) To Err on the Right Side  
See Eye to Eye  
Safety in Numbers  
See for Yourself
- 2) Sudoku Puzzle Answer:

4	6	5	8	9	3	7	2	1
9	7	3	4	1	2	6	8	5
8	2	1	6	5	7	3	9	4
6	3	4	2	8	1	9	5	7
1	5	9	3	7	4	2	6	8
2	8	7	5	6	9	4	1	3
7	9	2	1	4	5	8	3	6
5	4	6	9		8	1	7	2
3	1	8	7	2	6	5	4	9

- 3) \* 12 = Number of Signs of the Zodiac  
\* 12 Numbers on a Clock  
\* 9 = Number of Judges on the Supreme Court  
\* \$200 for Passing Go in Monopoly  
\* 18 = Number of Holes on a Golf Course
- 4) Wholesome
- 5) A Snake

Please remember to inform our staff of any changes to your personal information so that we may keep our records current. Thank you!

**OPTICAL ILLUSION!** Watch closely and see it move . . .



**SUMMER ACTIVITIES TO TRY:**

As much as students look forward to school ending for the summer, unfortunately, they can easily get bored with too much free time. Here is a summer challenge of 7 things to try and accomplish before school starts again.

- 1) Become a photographer  
[www.betterphoto.com/photography-for-kids.asp](http://www.betterphoto.com/photography-for-kids.asp)
- 2) Create a new kind of sandwich  
<http://members.cox.net/jjschnebel/sandwich.html>
- 3) Help an elderly person with house or yard work (parent permission)  
<http://www.volunteermatch.org/volunteers/resources/tipstricks.jsp>
- 4) Organize a family game night  
[http://www.ehow.com/how\\_2047027\\_plan-family-game-night.html](http://www.ehow.com/how_2047027_plan-family-game-night.html)
- 5) Learn a few sentences/phrases of a foreign language  
<http://www.word2word.com/coursead.html>
- 6) Have a treasure hunt  
<http://www.allthatstuff.net/treasurehunt.htm>
- 7) Recycle bottles and donate the money to a local charity  
<http://www.obviously.com/recycle/>

Don't forget to check for our current patient contest whenever you come in for your orthodontic appointment. We want all patients to play and have a chance to win our great prizes!

[www.drweinstein.com](http://www.drweinstein.com)