

GIGGLES

OCTOBER - NOVEMBER 2011

Have Some Fun While You Wait!

ACCULINE ORTHODONTICS VOLUME 13 FALL 2011

WORD FIND

U	I	P	O	C	U	N	R	O	C	C	W	E	N	S
L	N	U	D	N	N	O	V	O	M	B	S	R	R	L
C	T	I	Q	D	A	E	A	N	S	N	G	E	O	I
S	S	V	U	T	A	C	E	M	E	K	D	I	D	C
L	O	Z	A	I	H	E	P	F	R	A	O	T	N	N
C	P	S	R	S	R	E	E	T	E	O	S	I	A	E
U	L	E	T	R	U	D	S	L	E	E	F	T	B	P
P	A	A	E	S	E	L	R	P	S	L	U	I	G	L
A	O	E	R	M	L	E	N	R	N	T	F	L	N	F
T	G	I	B	L	E	I	R	C	E	E	F	I	I	U
O	C	N	A	H	K	F	H	E	F	M	I	X	H	R
E	E	B	C	P	S	A	Y	O	F	L	N	H	C	R
S	P	C	K	E	R	N	N	L	O	E	G	T	R	C
O	N	U	R	R	A	B	O	I	L	H	R	E	A	F
S	P	B	O	K	X	A	G	K	C	A	B	R	M	T

- Find these FOOTBALL Items:**
- Helmet
 - Quarterback
 - Coach
 - Field
 - Goalpost
 - Referee
 - Uniform
 - Offense
 - Defense
 - Cheerleaders
 - Marching Band

NATIONAL ORTHODONTIC HEALTH MONTH

October is National Orthodontic Health Month, started in 1995 by the American Association of Orthodontists (AAO) to benefit current and future orthodontic patients through public education. In honor of that celebration we would like to remind you of a few important facts about orthodontics to share with your friends & family:

- Orthodontists are highly trained specialists who “partner” with your dentist to provide you with the best oral health care.
- Orthodontists complete an additional 2-3 years of orthodontic residency after dental school.
- The AAO suggests children be evaluated for possible early treatment by age 7.
- It is estimated that one of every five patients in orthodontic treatment is over the age of 18.
- A study conducted on behalf of the AAO found that almost 80% of mothers who had braces as a child believe braces are one of the greatest investments their parents made for them.
- Most importantly, these are not your mother’s braces! Today’s braces are more comfortable, can be nearly invisible and move teeth at a faster speed!

Encourage your friends to visit our website or www.braces.org for more details on orthodontics.



THE ANSWERS TO OUR BRAIN TEASERS ARE ON PAGE 2, BUT NO PEEKING!

1) A Rebus Puzzle is a picture representative of a name, word or phrase. Can you guess these?

DELIVERY P.M.	DON'T SELL YOURSEL	HIS STORY	PumPkinPie
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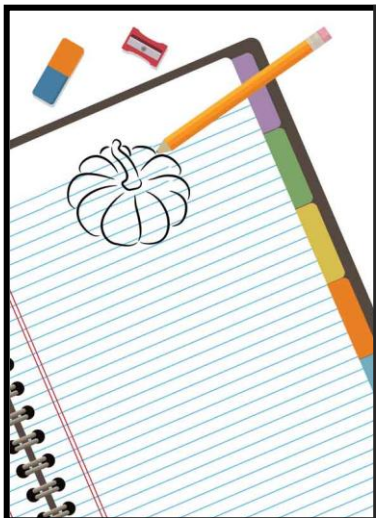
2) Can you Sudoku?

	8					6	1	2
		7	3					8
				6				
						8		7
5	4		2				6	9
1		6			8			
				1		5		
9					2	3		
8	6	3					9	

- 3) What is always coming but yet never arrives?
- 4) What can you break without touching it?
- 5) What goes up but never comes down?
- 6) How many apples can you fit into an empty box?
- 7) If 7 is equal to 13, then what is 16 equal to?
- 8) Ten candles stand burning in a dining room. A strong breeze blows in through an open window and extinguishes three of them. Assuming the wind doesn't extinguish any more candles, how many candles do you have left in the end?
- 9) What is the one thing shared by all of these: a shark, a zipper and a comb?

TOOTH HUMOR:

Why does a vampire clean his teeth three times a day?
To prevent bat breathe!



Whether you want to make a grocery list or draw a masterpiece, here's a little spot just for you!

BRAIN TEASER ANSWERS:

- 1) Overnight Delivery
Don't Sell Yourself Short
Holes in His Story
Piece (P's) of Pumpkin Pie
- 2) Sudoku Puzzle Answer:

3	8	5	4	7	9	6	1	2
6	1	7	3	2	5	9	4	8
4	9	2	8	6	1	7	3	5
2	3	9	1	4	6	8	5	7
5	4	8	2	3	7	1	6	9
1	7	6	3	9	8	4	2	3
7	2	4	9	1	3	5	8	6
9	5	1	6	8	2	3	7	4
8	6	3	7	5	4	2	9	1

- 3) Tomorrow
- 4) A Promise
- 5) Your Age
- 6) One, and then it isn't empty anymore.
- 7) 31, because it was multiplied by 2 and then 1 was subtracted.
- 8) 3. The 7 candles that manage to stay lit will melt down completely. The only candles that remain in the end are the 3 that are extinguished by the wind and therefore stay intact.
- 9) Teeth!

For more fun brain teasers & games go to:

1. www.kids.niehs.nih.gov.
2. www.brainble.com

HAPPY THANKSGIVING!

As we all celebrate Thanksgiving in November with family and friends, we want you to know just how thankful we are to have you as our patients. The fact that you have entrusted us with your family's orthodontic health means so much to us. We are blessed to have you as part of our patient family. Happy Thanksgiving!

Double Layer Pumpkin Cheesecake – YUMMY!

Ingredients

- 2 (8 ounce) packages cream cheese, softened
- 1/2 cup white sugar
- 1/2 teaspoon vanilla extract
- 2 eggs
- 1 (9 inch) prepared graham cracker crust
- 1/2 cup pumpkin puree
- 1/2 teaspoon ground cinnamon
- 1 pinch ground cloves
- 1 pinch ground nutmeg
- 1/2 cup frozen whipped topping, thawed

Recipe from www.allrecipes.com

Directions

1. Preheat oven to 325 degrees F.
2. In a large bowl, combine cream cheese, sugar and vanilla. Beat until smooth. Blend in eggs one at a time. Remove 1 cup of batter and spread into bottom of crust; set aside.
3. Add pumpkin, cinnamon, cloves and nutmeg to the remaining batter and stir gently until well blended. Carefully spread over the batter in the crust.
4. Bake in preheated oven for 35 to 40 minutes, or until center is almost set. Allow to cool, then refrigerate for 3 hours or overnight. Cover with whipped topping before serving.

GOT TEETH? Thank Your Hygienist

October is also National Dental Hygiene Month (NDHM). Dental hygienists are preventive oral health professionals licensed in dental hygiene who provide educational, clinical and therapeutic services that support total health through the promotion of optimal oral health. WOW, and you just thought they cleaned your teeth! The American Dental Hygienists Association (ADHA) designated October to honor these professionals who are dedicated to "healthy smiles that last a lifetime". So the next time you see your Hygienist, please tell them that you thought about them during NDHM and how much you appreciate the care they give you.

Don't forget to check for our current patient contest whenever you come in for your orthodontic appointment. We want all patients to play and have a chance to win our great prizes!

www.DrWeinstein.com